How to wear a face mask
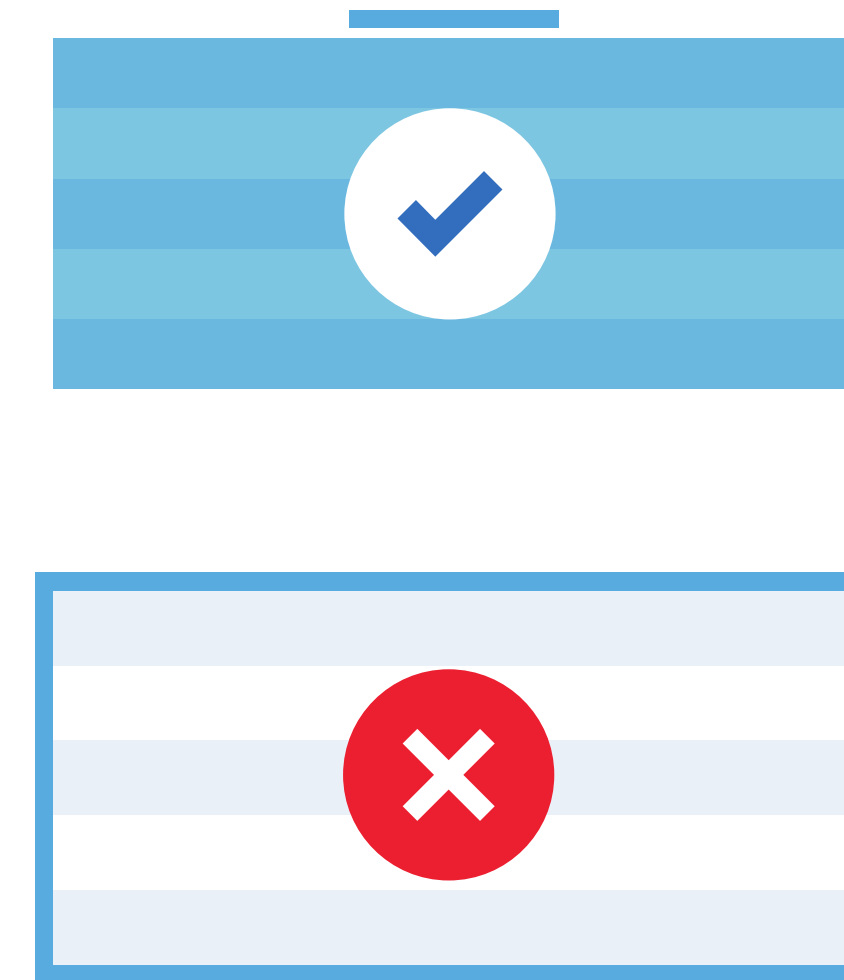
Wash your hands before wearing a mask

Ensure the colored side is facing out

Secure the elastic around your ears
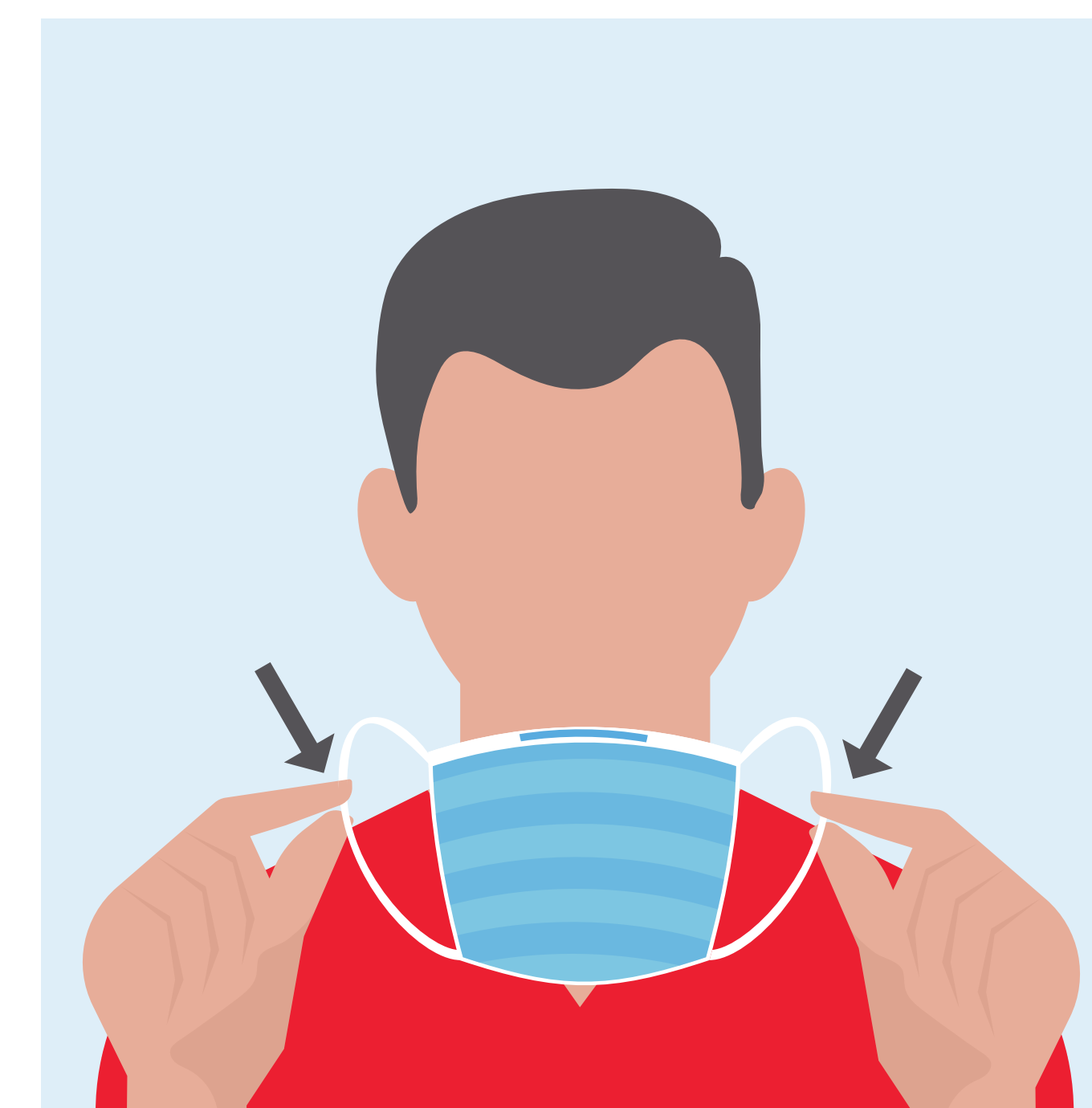
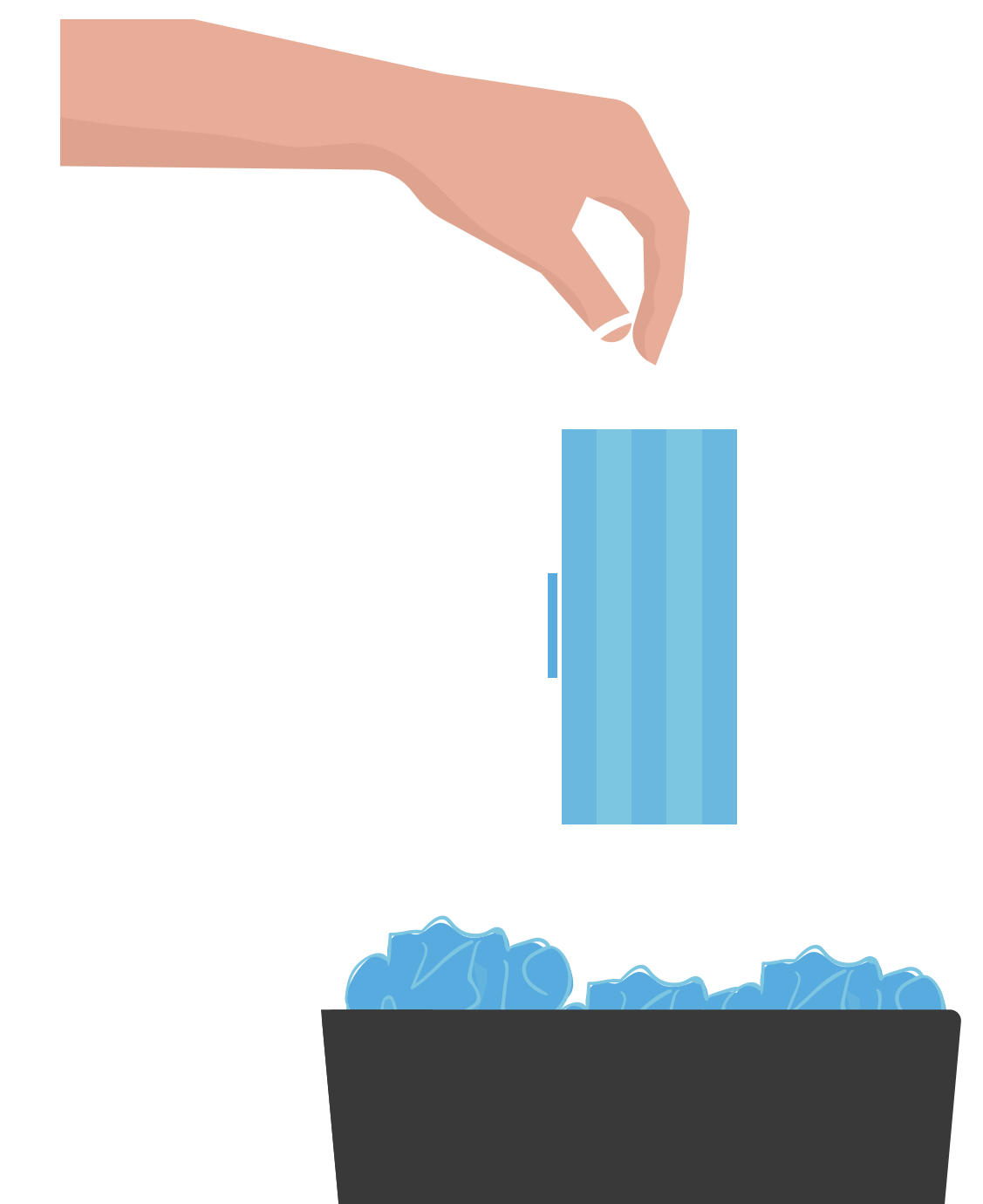**Ensure the metallic strip fits the shape of your nose**

Stretch the mask to cover your chin

Do not touch the mask while using it

Remove the mask by holding the elastic

Dispose of the mask without touching the front